

Goal Setting Worksheet

Today's Date:

Supervision
Completion GOAL:

150 Hours Finished
GOAL:

Application
Submitted GOAL:

**Play Therapy
Application
Submission**

My Strengths

**Current
Challenges**

**In the Next 30
Days I Will**

**What I
Actually Did**

Training Month / Total
____ / ____

Supervision Month / Total
Individual: ____ / ____
Group ____ / ____